

Open an HSA to work with your high-deductible health plan (HDHP) and make your money work for you.

- Use tax-free money to pay for your qualified health care expenses
- Convenient payroll deductions and debit card
- Your HSA is yours, even if you change jobs
- Unused funds carry over year-to-year

What is an HSA?

An HSA is a tax-advantaged account that can be used to pay for current and future medical expenses. An HSA works with an HDHP, and allows you to use before-tax dollars to pay for eligible out-of-pocket medical expenses for you, your spouse, and your dependents, which in turn saves you tax dollars and increases your spendable income.

An HSA can only be established with an HDHP, which is defined as a plan with:

- Annual deductible of at least **\$1,700** (single) or **\$3,400** (family)
- Annual out-of-pocket expenses (deductibles, co-pays, and other amounts, not premiums) not exceeding **\$8,500** (single) or **\$17,000** (family)

Your maximum annual contribution to an HSA in a calendar year is determined by: the maximum annual contribution limit set by the IRS (subject to cost-of-living adjustments), the type of coverage you elect (single or family), and your age.

HSA Contribution Limits 2026		
Age	Single Coverage	Family Coverage
Under 55	\$4,400	\$8,750
55-64	\$5,400	\$9,750

What are the benefits of an HSA?

- An HSA is your account. Funds in your HSA stay with you, even if you change jobs.
- HSA balances roll forward each year and can build over time, no “use it or lose it” rule.
- The money you spend for eligible expenses is tax-free.

HSA contributions are tax-free. The money is tax-free both when you deposit it and when you use it to pay for qualified medical expenses.

- Your funds grow tax-free. An HSA grows with you. If you maintain a minimum balance of \$2,000, your additional funds may be invested in mutual funds yielding tax-free earnings.
- Until you turn 65, withdrawals you use for non-eligible expenses will be taxed at your regular income tax rate, plus an additional 20% penalty will apply. Once you are age 65, withdrawals for non-eligible expenses are taxed at your regular income tax rate, but no additional penalty will apply.

How does an HSA work?

When you enroll in the HDHP and elect an HSA, an account will be opened for you. You will have access to a secure, easy-to-use web portal where you can track your account balance, view your investment accounts, and submit requests for reimbursements. You can also access your account with the mobile app.

You will also receive a Benefit Access Visa® Debit Card to use for qualified medical expenses at doctors' offices, hospitals, and pharmacies. When you use the card to pay for services, the payment is automatically withdrawn from your account.

Just keep receipts for your own records.

Monthly statements and annual tax documents are issued for the HSA deposit account and Mutual Fund Investment Account, and can be accessed through the web portal or mailed to your address on file if elected through the portal. You may access your HSA through the web portal at www.mcgriff.com/flex or through the Benefit Access Mobile App, which is available for all Apple and Android users.

HSA eligibility guidelines

To be eligible to make contributions to an HSA, you must satisfy the following conditions established by law.

	If "Yes"	If "No"
1. Can you be claimed as a dependent on another person's tax return?	You are not eligible for an HSA	Proceed to question #2
2. Are you enrolled in Medicare?	You are not eligible for an HSA	Proceed to question #3
3. Are you enrolled in a qualified high-deductible health plan (HDHP) with a minimum annual deductible of at least \$1,700 for single coverage and \$3,400 for family coverage?	Proceed to question #4	You are not eligible for an HSA
4. Do you or family members covered under the HDHP have additional health coverage under another plan?	Proceed to question #5	Proceed to question #6
5. If you answered yes to question #4, is this other health coverage an HDHP?	Proceed to question #6	You are not eligible for an HSA
6. Do you or family members covered under the HDHP currently participate in a tax-deferred health care Flexible Spending Account (FSA)?	You are not eligible for an HSA	You are eligible for an HSA Proceed to calculate your annual contributions

Are you eligible?

You must be covered under an HDHP to qualify for an HSA. The provider of your health plan should be able to tell you if the plan satisfies HDHP requirements. See Frequently Asked Questions for more details on eligibility. Here are two examples:

Example 1: John has family coverage under an HDHP through his employer. John's wife, Mary, participates in a health care FSA offered by her employer. In this case, neither John nor Mary is eligible to contribute to an HSA, because they have other coverage (Mary's health care FSA) in addition to the HDHP.

Example 2: Robert has family coverage under an HDHP, while his wife, Marie, provides family accident insurance through her employer, plus disability coverage on herself. Because these other types of insurance (that Marie has through her employer) qualify as permissible coverages, Robert is eligible to contribute to an HSA.

How much could you save with an HSA?

Because they are not included in your take-home pay, all HSA contributions are free from federal, state, local, and FICA taxes. Here's an example of how your HSA can save you a significant amount of money each year:

	With HSA	Without HSA
Annual income	\$34,000	\$34,000
Pre-tax contribution to HSA	\$3,000	\$0
Taxable income	\$31,000	\$34,000
Estimated taxes (35%)	\$10,850	\$11,900
After-tax expenses	\$0	\$3,000
Take-home income	\$20,150	\$19,100
TAX SAVINGS	\$1,050	\$0

This example is for illustrative purposes only and is not intended to represent any specific benefits plan or potential plan savings. Hypothetical plan savings are based on the employee's federal, state, local, and FICA taxes, totaling 35% of annual income. A plan participant's tax rates and actual savings are likely to be different.

Full-year statutory contribution limits (\$4,400 for single coverage and \$8,750 for family coverage in 2026) are permissible only if the HSA owner either (1) maintains a high-deductible plan for the entire 2026 calendar year, OR (2) maintains a high-deductible health plan from December 2025 through December 2026. Under (2), if a full-year contribution is made for 2025 and the HSA owner ceases to maintain a high-deductible health plan in 2026, the additional contributions made under this special full-contribution rule will be subject to income tax plus an additional 10% penalty tax (unless the HSA owner is no longer HSA-eligible due to death or disability).

Frequently Asked Questions

Question	Answer
<p>When can contributions be made to an HSA?</p>	<p>Contributions to an HSA can be made at any time during the year in any increment, including:</p> <ul style="list-style-type: none"> • All at once at the beginning of the year • All at once at the end of the year • In equal amounts during the year <p>Contributions to an HSA can be made until the tax filing deadline of the following year. For example, 2023 contributions could be made through April 15, 2024.</p>
<p>What can HSA funds be used for?</p>	<p>HSA distributions are tax-free if used for qualified medical expenses, as defined by Internal Revenue Code Section 213(d). Qualified medical expenses include:</p> <ul style="list-style-type: none"> • Doctors' office visits • Coinsurance • Non-covered services, like LASIK eye surgery • And more! (refer to the Internal Revenue Code Section 213(d) for a complete list)
<p>Who may contribute to an HSA?</p>	<p>Anyone can contribute to an HSA on an individual's behalf, including an employer, family, and the individual.</p>
<p>Can someone enrolled in Medicare contribute to an HSA?</p>	<p>No. But if they have an existing HSA, they can use the funds for qualified medical expenses.</p>
<p>Can individuals have other health coverage in addition to their HSA?</p>	<p>To open/contribute to an HSA, individuals cannot be covered by any plan except for:</p> <ul style="list-style-type: none"> • Dental or vision coverage • Long-term care coverage • Accident/disability coverage • Hospital insurance-type coverage/disease-specific coverage <p>Individuals can be covered by more than one HDHP and still be eligible to contribute to an HSA.</p>
<p>Can individuals make contributions if they are not enrolled in an HDHP for the entire year?</p>	<p>Yes. Full-year statutory contribution limits are permissible (\$4,400 for single coverage and \$8,750 for family coverage in 2026) but the HSA owner must maintain eligibility throughout the testing period, which runs from the last month of the initial eligibility year through the end of the 12-month period following that month. If HSA owners are not eligible for this entire testing period, they must include in their gross income the contributions made for the months when they were not otherwise qualified. This amount will also be subject to a 10% penalty. The tax and penalty do not apply if the HSA owner is no longer HSA-eligible because of death or disability.</p>
<p>If a married couple is enrolled in a family HDHP, can they open a joint HSA?</p>	<p>No. HSAs are strictly individual accounts. A husband and wife enrolled in a family HDHP can do the following:</p> <ul style="list-style-type: none"> • Open individual HSAs and contribute to both, but the collective total of both must not exceed the family maximum • Open an HSA in one spouse's name and contribute up to the family maximum
<p>If one or both spouses have family coverage, how is the contribution limit computed?</p>	<p>If either spouse has family coverage under an HDHP, both are treated as having family coverage. The 2026 maximum statutory contribution limit is \$8,750 for family coverage. Whether each spouse opens an individual account or one spouse opens an account, the collective total must not exceed the family maximum.</p>
<p>What happens when HSA contributions exceed the maximum amount?</p>	<p>An excise tax of 6% for each taxable year is imposed on the account beneficiary for excess individual contributions. However, the account beneficiary can avoid the excise tax on excess contributions by withdrawing such excess contributions before the last day prescribed by law (including extensions) for filing the account beneficiary's federal income tax return for the taxable year. The net income attributable to the excess contributions is included in the account beneficiary's gross income.</p>

Frequently Asked Questions

Question	Answer
Are health insurance premiums qualified medical expenses?	<p>Generally, health insurance premiums are not qualified medical expenses, except for the following:</p> <ul style="list-style-type: none"> • Qualified long-term care insurance • COBRA health care continuation coverage • Health care coverage while an individual is receiving unemployment compensation <p>In addition, individuals older than age 65 may use HSA funds to pay the following premiums:</p> <ul style="list-style-type: none"> • Medicare HMO premiums for employer-sponsored health insurance, or employer-sponsored retiree plan • Medicare Part A and/or B <p>However, Medicare supplemental policies are not qualified medical expenses.</p>
If individuals are no longer enrolled in an HDHP, can they still use their HSA?	Yes. Individuals do not have to be enrolled in an HDHP to use their HSA. However, individuals can only make contributions to an HSA if enrolled in an HDHP.
Are claims incurred prior to the establishment of the HSA eligible for reimbursement from the HSA?	No. Your HSA is established on the effective date of your HSA account. If you delay, the IRS may infer you intended to open your account at a later date.
Can the employee make contributions to an HSA if covered under a Flexible Spending Account (FSA)?	Yes. However, the FSA would have to be a limited-scope FSA (which limits claim reimbursement to vision, dental, and preventive care only) and/or a post-deductible health FSA (which limits reimbursement to expenses incurred after the minimum annual HDHP deductible has been satisfied).
Can COBRA employees contribute to their HSA?	Yes. Individuals can choose to contribute to their HSA as long as they are enrolled in an HDHP.
What reporting is required for an HSA?	Employer contributions (including pre-tax salary withholding amounts that individuals contribute to their HSAs) must be reported on the employee's W-2 Form. In addition, trustees will issue reports for HSA distributions (Form 1099-SA) in January and contributions (Form 5498-SA) in May of each tax year. Employees can use this information to report required HSA information on their individual tax returns. These tax forms are available through the online portal or paper forms can be mailed upon request by calling: 800-930-2441, M-F, 8:00 am - 8:00 pm ET. Consult a tax advisor for additional details regarding the tax treatment of HSAs.



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