

2023 Benefits Active Open Enrollment



BE BOLD. Shape the Future.
New Mexico State University



2023 Benefits Active Open Enrollment

OCTOBER 1, 2022-OCTOBER 31, 2022
PLAN YEAR JANUARY 1, 2023-DECEMBER 31, 2023



BE BOLD. Shape the Future.
New Mexico State University



Active Enrollment

This year's annual Open Enrollment will require all benefit-eligible employees to actively elect or decline benefits offered for calendar year 2023.



BE BOLD. Shape the Future.

State of NM Benefit Options

Medical



Blue Cross Blue Shield – PPO & HMO



Cigna – OAPIN & OAP

Presbyterian – HMO

CVS Caremark – Pharmaceutical



 **CVS** caremark

Dental

Delta Dental – PPO New Mexico

 **DELTA DENTAL**

EAP Well Being Solutions



Guidance and Resources for:

Wellness, Financial, Legal, Family, and Behavioral Health



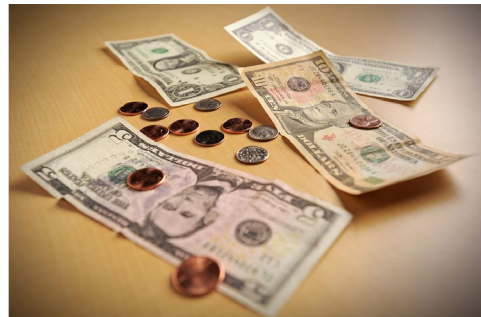
NMSU Benefit Options



Vision
VSP Choice Plan



Pre-tax Premium Plan



Flexible Spending Accounts
McGriff- Healthcare FSA
McGriff-Dependent Care FSA



BE BOLD. Shape the Future.



Voluntary Benefits

Effective 1/1/2023

- Critical Illness
- Accident
- Hospital



BE BOLD. Shape the Future.



2023 Plan Year Changes

No premium rate changes this fiscal year

Medical Plan Changes:

Massage Therapy: 25 visits combined with Naprapathy. Referral required. Must go to licensed network provider with your health plan.

Presbyterian/Tier II: Specialist co-pays reduced from \$75 to \$60.

Critical Illness:

Aflac Critical Illness plan will end 12/31/2022.



BE BOLD. Shape the Future.



Open Enrollment Options

- Change **pre-tax/post-tax** election for 2023 medical, dental and vision premiums
- Change coverage from your current medical carrier to another carrier
- **Medical/Prescription, Dental, and Vision Coverage:**
 - Add coverage for yourself and/or your dependents
 - Change coverage type (i.e. Family coverage to Employee only coverage, etc.)
 - Drop coverage for yourself and/or your dependents
- **New Voluntary Benefits:**
 - Enroll or decline Accident, Hospital, & Critical Illness coverage for you and your dependents
- **Flexible Spending Accounts (healthcare or dependent care):**
 - Enroll for 2023--FSA enrollment does not continue automatically. FSA participation requires enrollment each year.





How to participate

- Scan the QR code or visit <https://www.mybenefit.site/nmsu> for self-enroll instructions or to set up an appointment with a benefit counselor
- To self-enroll, visit <http://www.employee navigator.com/>
 - Register as a new user, use company identifier NMSU
 - Start Open Enrollment and click “Save and Continue to move to the next benefit
 - After reviewing your enrollment summary, click to sign



<https://www.mybenefit.site/nmsu>



BE BOLD. Shape the Future.



Reminders

- Deadline to participate is October 31
- Proof of dependency for *newly added* dependents must be submitted to benefits@nmsu.edu by October 31.
 - Coverage will not be added without the proof of dependency
- For ACA reporting, names must match Social Security Administration.
- Premium: Remember to carefully review your pay advice in January to confirm that you have the correct benefit coverages. If your deduction does not look correct, please contact Benefit Services immediately.





Additional NMSU Benefit Options

Dearborn  national Life & Disability

Group Basic Life and AD&D

Voluntary Life and AD&D

Long Term Disability

Voluntary Retirement

403(b)

457(b), 457(b) Roth

<https://benefits.nmsu.edu/hr-benefits/retire1/voluntary.html>



BE BOLD. Shape the Future.



Aggie Health and Wellness Center

- Acute medical care
 - Same-day appointments
 - \$20 office visit
 - Visit without using leave*
- *With supervisor approval based on needs of department
- Employee Assistance Program
 - Work Related Injuries & Illnesses
 - Work Related Physical Exams

<https://wellness.nmsu.edu/Employee%20Services/employee-health-care-services.html>



BE BOLD. Shape the Future.



Stay Well Health Center

- No cost to you
- Same day sick appointments
- Less than 5 minute wait times
- Select medication and onsite labs at no cost



- Family Medicine
- Acute Care
- Mental health support
- Preventive Care
- Management of chronic conditions

Monday-Friday 7:00am-5:00pm

505-570-4949

<https://staywellnm.proactive-md.com/>



BE BOLD. Shape the Future.

LOCATION:

Joseph Montoya Building,
1100 St. Francis, Ste. 1000
Santa Fe, NM 87505

We're here to help

Website: <https://benefits.nmsu.edu/hr-benefits/enrollment1/open.html>

Q&A Sessions		
The Benefit Services team will be available to answer general questions via Zoom at the following times.		
Monday 10/3 3:00-4:00 Attend here	Wednesday 10/5 3:00-4:00 Attend here	Friday 10/7 3:00-4:00 Attend here
Tuesday 10/11 10:00-11:00 Attend here	Thursday 10/13 10:00-11:00 Attend here	Friday 10/14 10:00-11:00 Attend here
Monday 10/17 10:00-11:00 Attend here	Wednesday 10/19 10:00-11:00 Attend here	Friday 10/21 10:00-11:00 Attend here
Monday 10/24 3:00-4:00 Attend here	Thursday 10/27 3:00-4:00 Attend here	Friday 10/31 3:00-4:00 Attend here

Phone: 575-646-8000

Email: benefits@nmsu.edu

*Anticipate a high volume of calls & emails, please allow for additional response time. Do not wait until the last minute.



<https://www.mybenefit.site/nmsu>



BE BOLD. Shape the Future.



**Enrollment & Eligibility
Questions for:**
Medical,
Prescription,
Dental,
COBRA (Consolidated Omnibus Budget Reconciliation Act)
EAP (Well Being Solutions)

Erisa Administrative Services

Toll Free: 1-855-618-1800

Local: (505) 244-6000

FAX: (505) 244-6009

Email: SONM@easitpa.com

Website: www.mybenefitsnm.com



BE BOLD. Shape the Future.

Contact Information

Human Resource Services

Benefit Services

<https://benefits.nmsu.edu/hr-benefits/enrollment1/open.html>

575-646-8000

benefits@nmsu.edu

Open Enrollment Self-Enroll

www.employeenavigator.com

**Remember: Last day of Open
Enrollment is October 31, 2022.**



<https://www.mybenefit.site/nmsu>



BE BOLD. Shape the Future.