State of NM Group Benefits Plan
Plan Year: January-December 2015
Who We Are

• Founded in 1908, Presbyterian Healthcare Services has served New Mexicans for more than 100 years.

• Presbyterian Health Plan was established in 1986 and has grown to become the largest health plan in New Mexico with more than 440,000 members.

• New Mexicans serving New Mexicans: Presbyterian is the only locally owned and operated integrated health care delivery system.

• Presbyterian is the only Nationwide HMO Option

• New Mexico’s Most Preferred Choice For Care*

  *2012 Research and Polling Brand Preference Study
Integrated Healthcare Delivery System

- Eight hospitals in seven communities
- 36 Clinics in over twenty-five specialties
- 30 Primary Care Clinics
- 10 Urgent Care Clinics
- Employ Over 600 physicians
Our Integrated System

- **Presbyterian Heart Group**
  - Nationally recognized physicians
  - Among the most advanced cardiac care units and rehabilitation programs in New Mexico
  - Only pediatric heart surgery services in the state

- **Presbyterian Women’s Center**
  - Dedicated to improving the health of women of all ages and their families
  - Nearly 7,000 babies born
  - State-of-the-art Neonatal NICU

- **Presbyterian Children’s Medical Center**
  - Only Pediatric Urgent Care
  - Rachel’s Courtyard

- **Presbyterian Cancer Center**
  - Partnership with MD Anderson (one of only three locations outside of Texas)
    - Access to the most advanced radiation treatments in Albuquerque
Extensive Statewide Network

• Over 9,000 Providers in 554 Locations
• 2,200 Primary Care Physicians
• 7,000 Specialists * No Referrals Required
• Over 600 hospitals and other facilities
• Hiring of providers to meet the increased healthcare needs of New Mexicans.
• Ongoing facility investments that offer convenient and innovative care to New Mexicans.
Expanding Access for New Mexicans

New PMG Locations
- Bernalillo (October 2014)
  - 550 and 528 Intersection
- Santa Fe (Spring 2015)
  - St. Michael’s Dr

Rust Medical Center Expansion
- 48 Additional Beds
- 4 Additional Operating Rooms
- Cancer Center
- Late 2015 Completion
Nationwide Coverage
MultiPlan / PHCS Network

Nationwide Coverage with Presbyterian!

- Over 900,000 National Providers
- Over 4,000 Facilities Nationwide
- Access to Centers of Excellence
- Logos for the MultiPlan / PHCS Networks are on the back of your ID card.

www.phs.org/sonm
Plan Changes Effective 1/1/15

Changes to the HMO Plan

• Deductible Reduced
  – $325, $650, $975

• Applied Behavior Analysis (ABA) Services Covered

• Deductible and Out of Pocket Maximum
  – Includes Rx Amounts

• Video Visits - $0 Copay

• Dependent children covered through the end of the month of 26th birthday
HMO Benefit Changes Effective 1/1/15

Deductible $325/ $650 / $975
Out-of-Pocket (OOP) Maximum (Calendar Year) $3,500 / $7,000 / $10,500
(pharmacy now combined with medical deductibles to meet medical OOP)

<table>
<thead>
<tr>
<th>Office Visit</th>
<th>Hospital Inpatient</th>
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<tbody>
<tr>
<td>• Preventive Care $0*</td>
<td></td>
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<tr>
<td>• PCP/Gyn Care $25*</td>
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<tr>
<td>• Specialist (no referral) $40</td>
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<tr>
<td>Lab Work (non Preventive) 20%</td>
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<tr>
<td>Outpatient Surgery 20%</td>
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<tr>
<td>MRI-PET-CT Scans 20% up to $200 per test</td>
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</tbody>
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*Deductible not applicable

This is a summary illustration only. For a full Summary of Benefits including benefit limitations and maximums, please refer to the Presbyterian SONM Summary Plan Description.
Case Management and Disease Management

Case Management for Acute Conditions

- Transplant services
- High-risk Pregnancy management
- Transition of Care

Disease Management for Chronic Conditions

- Diabetes
- Coronary Artery Disease
- Asthma
Helpful Resources

Nurse Advice Line 1-866-221-9679
- Direct access to a Registered Nurse
- 24 hours a day / 365 days a year
- Free, confidential medical advice
- General health information
- Audio health library

Tobacco Quit Line 1-888-840-5445
- Confidential and convenient support
- Enroll to receive up to five coaching sessions
- Free nicotine replacement therapy products, if eligible
Customized Website: www.phs.org/sonm
- Verify your benefits
- Track your requests
- Pay your bill
- Access the claim center
- Check your copay or get a cost estimate
- View test results and immunizations via MyChart
- Order ID card and print a temporary card.
- Access Video Visits
Video Visits
Healthcare for the 21st Century
Login through myPRES

Talk to a doctor or therapist by secure video or phone anytime, anywhere.

Get Started

Trusted Partners in Your Care

With more than 600 providers in 40 specialties at over 100 clinics across the state, Presbyterian Medical Group providers have a long-standing reputation for delivering the very best possible care to generations of New Mexicans.

Our Quality Doctors

3 REASONS TO PARTNER WITH US
Our Vendor Partner - MDLIVE

• Founded in 2009
• 24x7x365 on-demand access to convenient affordable care
• Leading provider of telehealth services and software, providing telehealth, online and on-demand healthcare
• Seamlessly secure collaboration via voice, video and mobile devices
• HIPAA and PHI-compliant system
• Private, secure & confidential
What can be treated

Common Conditions

- Acne
- Allergies
- Bronchitis
- Cold & Flu
- Fever
- Gout
- Headache
- Infections

- Joint Aches & Pains
- Nausea & Vomiting
- Pink Eye
- Rashes
- Sinus Infection
- Sore Throat
- Sunburn
- Urinary Tract Infection

Pediatric Care

- Cold & Flu
- Constipation
- Ear Infection
- Fever
- Nausea & Vomiting
- Pink Eye
Value Added Benefits

Member Only Discounts on gym memberships, weight loss programs and more.

- Hearing Hardware
- Vision
- Massage Therapy
- Chiropractic
- Acupuncture
- Meals on Wheels
- Buy One Get One Free Isotopes Tickets

www.benefitsource.org/presbyterian-health-plan
Presbyterian Customer Service Center

Dedicated Member Service Unit

- Welcome calls and member surveys
- Bilingual services
- Order ID cards
- Check status of claims
- Details on covered benefits
- Locate Nationwide Behavioral Health Providers and Facilities (Magellan Network)

(505) 923-5600 or 1-888-ASK PRES
Email: info@phs.org
Presbyterian Highlights

• Only Nationwide HMO Option
  – MultiPlan/PHCS Nationwide Network

• One of the Lowest Premium and Out-of-Pocket Expense Options

• Video Visits

• Treatment Cost Calculator

• Urgent and Emergent Care Nationwide

• Value-Added Benefits
People helping People. It’s our tradition.